

EMERGENCY SERVICES

General Emergency (Police, fire, and ambulance)	911
Poison Center - Statewide toll-free (24 hours)	1-800-222-1222

CRISIS

Access Hotline (Suicide and Crisis)	Ph: 832-3100
Domestic Violence Clearinghouse & Legal Hotline (Information & referral for temporary restraining order, emergency shelters, and legal assistance)	Ph: 531-3771
Sex Abuse Treatment Center Kapi'olani Medical Center Women and Children Hotline (victims of sexual crime or abuse)	Ph: 524-7273

GENERAL INFORMATION

Call 211

for resources or if any phone number listed is no longer in service

Aloha United Way

HEALTH SERVICES

Easy Access Project (EAP) Ph: 832-5685

Services:

- Bilingual/Bicultural Services: Chuukese, Samoan, Mandarin, Korean, Ilocano, Tagalog
- Initial information regarding Health Care in Hawaii in their own language/dialect
- Referral to FREE and LOW COST health services available in the Department of Health and in the community
- Assistance to apply for health insurance (for 0-19 years old ONLY)
- Information on social services available in the community
- Assistance in the identification of health and other health related concerns of recently arrived immigrants

Information Hours:

- Monday, Tuesday, Wednesday, Friday from 8:00am - 2:30pm

Bilingual Health Education Aides Program

(Chuukese, Vietnamese, Chinese(Mandarin, Cantonese) Ph: 832-5685
Samoan, Filipino(Ilocano, Tagalog) John Ishoda (Marshallese Ph: 587-5425)

Free Immunization/Shots (Ages 0 - 18): Public Health Nursing Branch

*For children without insurance.

	<u>LOCATION/PHONE #</u>	<u>DAYS</u>	<u>HOURS</u>
<i>East Honolulu:</i>			
Diamond Head Health Center 733-9220	3627 Kilauea Avenue Room 302 Honolulu, HI 96816	2 nd & 4 th Wednesday of Month	1:30pm-3:30pm Appt only call 733-9220

West Honolulu:

Lanakila Health Center 832-5757	1700 Lanakila Avenue Honolulu Room 213 Ph: 832-5757	Every Wed.	9:30-12:30p Please Call 832-5757
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<i>Central Oahu Nursing:</i> 453-6190	860 Fourth Street #166 PC. HI 96782	1 st 7 3 rd Tues	1:00-3:00pm
Wahiawa Nursing Office	910 California Avenue Wahiawa Ph: 622-6445	2 nd & 4 th Tues. of the month	1:00pm - 3:00pm

Leeward Oahu:

Waipahu Civic Center	94-275 Mokuola Street Waipahu Room 101 Ph: 675-0080	Every Mon.	12:00pm - 3:00pm
Waianae PHN Office	Waianae Community Service Center 85-670 Farrington Highway Waianae Room 7 Ph: 697-7839	3 rd Tues. of the month	1:00pm - 2:00pm

Windward Oahu:

Windward Health Center	45-691 Keaahala Road Kaneohe Ph: 233-5450	2 nd Tues. of the month	1:30pm - 3:00pm
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HANSEN'S DISEASE

Hansen's Disease Community Program Ph: 733-9831

3650 Maunalei Avenue
Sinclair Building, Room 205
Honolulu **Hours:** Monday - Friday from 7:45am - 4:30pm
Free Skin & Nerve Clinic Ph: 832-5757 first Tuesday of the Month
12:00-3:30pm

Hepatitis Network of Hawaii Free Screening & Testing

Call Ken Akinaka: ph 221-6204

Treatment & follow-up Dr. Alan Tice 373-3488

STD/AIDS Prevention Diamond Head Health Center

Free testing: Clinic 3627 Kilauea Ave. Room 305

Walk-in Hours Mon-Tues-Thurs-Fri 12:00-5:00pm

Wed 1:00pm-6:00pm ph: 733-9280 recorded message

733-9286 (STD results only) 733-9281 (HIV results or talk with a clinician)

Tuberculosis Tests

	LOCATION/PHONE #	DAYS	HOURS
Lanakila TB Center	1700 Lanakila Avenue Honolulu Ph: 832-5731	Mon.- Wed.& Friday	7:45am-3:00pm
		X-ray: Mon. Tues. Wed. Fri.	7:45am – 3:00pm
	No Testing on this day only readings-----	Thurs	7:45-2:00
Waipahu Civic Center	94-275 Mokuola Street Honolulu Ph: 675-0080	Wed. - test	2:00pm - 4:00pm
		Fri. - reading	2:00pm - 4:00pm
Waianae PHN Office	Waianae Community Service Center 85-670 Farrington Highway Waianae Room 7 Ph: 697-7839	3 rd Tues. of the month - test	2:00pm - 3:00pm
		Following Thurs. - reading	2:00pm-3:00pm
Wahiawa PHN Office	910 California Avenue Wahiawa, HI Ph: 622-6445 Ph: 453-6191	Mon-Wed	2:00pm-4:00pm
		1 st & 3 rd Wed-Fri	2:00pm-4:00pm
Central Nursing Office 860 Fourth St. Rm. 130	45-691 Keaahala Road Kaneohe Ph: 233-5450	Every Tues. – test Thurs- read	1:30pm - 3:00pm
Windward Health Center			
Diamond Head Health Center	3627 Kilauea Ave room 302 Ph: 733-9220	Tuesday and Thursday	2pm-4pm.

Low Cost Medical Clinics: Call for appointment

Also offering Free Immunizations

Aloha Medical Mission Clinic

Ph: 841-4489

(at Palama Settlement) for uninsured only

810 North Vineyard Boulevard

Honolulu

Hours: Monday - Friday from 4:30pm - 7:00pm

BCWW (Bayanihan Clinic Without Walls)

Ph: 683-1991

Hours: by appointment only through Easy Access Project (832-5685)

Buddhist Tzu-Chi Free Clinic

Ph: 550-8608

100 North King Street

Honolulu

Hours: Monday - Friday from 5:00pm - 7:00pm

Kalihi-Palama Health Clinic Ph: 848-1438 Adult & Children

Interpreters Services: Chuukese, Ponapean, Marshallese & others

915 North King Street

Honolulu

Hours: Monday - Thursday from 8:00am - 7:00pm

Friday from 8:00am - 4:30pm

Saturday from 8:00am - 12:00pm

Dental clinic 845-0686 Sliding fee scale

Help with applying for insurance & other services

Kokua Kalihi Valley (Comprehensive Family Services)

Ph: 791-9400

2239 North School Street Interpreter Services: Chuukese and others

Honolulu

Hours: Monday - Saturday from 8:00am - 6:00pm

Dental Sliding fee scale (must live in area)

Physician Center at Mililani

Ph: 627-3200

95-390 Kuahelani Avenue Mon. Tues, Thurs: 8am-8pm

Mililani

Wed., 8am-12noon, 5pm-8pm

Friday 8am-5pm, Sat 8am -12noon

Queen Emma Clinic

Ph: 547-4582

(at Queen's Medical Center)

1301 Punchbowl Street

Honolulu

Hours: Monday - Friday from 8:00am - 4:30pm

Waimanalo Health Center

Ph: 259-7948

41-1347 Kalaniani'ole Highway

Hours: Monday - Friday from 8:00am - 5:00pm

Saturday from 8:00am - 12pm

LOW COST HEALTH CARE CONTINUE:

Waikiki Health Center (does not offer free immunizations) Ph: 922-4787

277 Ohua Avenue Mon.- Friday 8:30-11:00, 1:30pm -6pm
Sat. 8:30am-12:30pm Honolulu

Waianae Coast Comprehensive Health Center Main 696-7081

Nanakuli clinic: 668-2311 Kapolei: 674-9352
Waianae Mall: 696-4533 Waipahu: 676-7233

Low Cost Dental Clinic

Aloha Medical Mission free for uninsured Ph. 841-4489

Palama Settlement

Department of Health Ph: 832-5710

Hospital/Community Dental Services Call for phone of clinic in your area
Servicing the Aged/blind/disabled Medicaid

Queen's Dental Clinic Ph: 547-4292

University of Hawaii @ Manoa – Dental Hygiene Ph: 956-8229

\$25.00 flat fee for cleaning, fluoride and polish

Kokua Kalihi Valley (Sliding Fee Schedule) Ph: 791-9400

Waianae Coast Comprehensive Nanakuli Ph: 668-2311

Waianae Ph: 696-7093

To find Quest Dentist call 486-8030 8am-5pm

HEALTH INSURANCE / FINANCIAL / FOODSTAMPS

Med-QUEST /Medicaid (low income health insurance)

Honolulu Applications - 587-3521 Leeward Application 692-7364

Med-Quest Customer Service phone: 524-3370

Aloha Care 973-1650

HMSA 948-6432

Kaiser Quest 432-5570

Department of Human Services (Financial, Foodstamps & Medicaid)

Information Line 643-1643

Applications Unit:: Honolulu 586-8107 or 586-8108

Waianae 697-7147

Waipahu 692-7171

Windward 233-3621

- For on going please contact case worker

SOCIAL SECURITY

Social Security Administrations

Honolulu Office Ph: 1-800-772-1213

Prince Kuhio Federal Building Room 1-114

Hours: 8:30-3:30pm Monday-Friday

Kapolei Office Ph: 1-800-772-1213

Halekuai Center Suite 201 8:30-3:30PM M-F

563 Farrington Highway

CONSULATE OFFICES

Federated States of Micronesia Consulate Office Ph: 836-4775

Consul General: Akillino H., Susaia
Assistant Consul General: Danny Rescue
3049 Ualena Street 910
Honolulu, HI 96819

Fax: 836-6896

FSM Medical Referral Offices

Pohnpei House-Ms. Marylou Hawley (808) 833-3458
Chuuk House-Mr. Sanser Betiru (808) 833-7114

Republic of the Marshall Islands – Consulate Office Ph: 545-7767

Consul General: Noda Lojkar
1888 Lusitana Street, Suite 301
Honolulu, HI 96813
Fax: 545-7211

Republic of Marshall Island Medical Referral Office

Mr. Justin Lani
1888 Lusitana Street Suite 201
Honolulu, HI 96813
Ph: 524-6455

Guam Honolulu Medical Referral Office Ph: 973-2904

Ms Martha Earle
1580 Makaloa Street Suite 1080
Honolulu, HI 96814

CNMI Marianas Hawaii Liaison Office Ph: 592-0300

Grace Babauta
1221 Kapiolani Blvd., Suite 820
Honolulu, HI 96814

IMMIGRANT & REFUGEE SERVICE AGENCIES

Catholic Charities & Immigrant Community Center Ph: 528-5233

712 North School Street
Honolulu, HI 96817
528-2358

Hours: Monday - Friday from 8:30am – 5:30 pm
Helpline Ph: 521-4357

Pacific Gateway Center Ph: 845-3918

720 North King Street
Honolulu, HI 96817

Hours: Monday - Friday from 8:00am - 4:30pm
Umi Street Business Training and Kitchen Incubator
Ph: 852-6100

Susannah Wesley Community Center1117 Kalihi Street
Honolulu, HI**Hours:** Monday - Friday from 8:30am - 4:30pmPh: 848-0376
676-1415**Child and Family Services**

200 N. Vineyard Blvd Bldg B

Mon-Thurs 8:00-6:00pm Friday 8:00-5:00pm

Information Line

Ph: 543-8494

FOOD ASSISTANCE**River of Life Mission**

101 North Pauahi St.

Honolulu Serves food free: 9-11am, 1:30-3:30pm, 7:15-8:00pm

Hours: Monday - Friday from 9:00am - 8:30pm

Fridays food boxes call in prior to Friday to order

Ph: 524-7656

The Salvation Army Family Services Office

420 Waikamilo Rd Room 108 Honolulu, HI 96817

Hours: Monday - Friday from 1:30-3:30pm

Families may pick up once a month

Ph: 845-2544

Kaumakapili (Church)**Free Store (clothing & utensils)**766 North King Street
Honolulu, HI 96817**Hours:** Monday - Friday from 8:30am - 9:30pm**Free packages of food every other wednesday**

Ph: 845-0908

Hawaii State Department of Health WIC Services Branch Ph: 586-8175**Hours:** Monday - Friday from 7:45am - 4:30pm **Supplemental Nutrition For pregnant, breastfeeding, postpartum moms and children under 5y****Catholic Charity Helpline**

Ph: 521-4357

Ohana Produce Plus (Mass Distribution) Registration Normally from 12:00noon distribution from 1:30pm Ph: call 211 for site and dates.**Call 211 for Foodbank churches nearest to you****CLOTHING****River of Life Mission**101 North Pauahi St.
Honolulu, HI 96813**Hours:** Monday - Friday from 9:00am - 9:00pm

Saturday from 4:00pm - 7:00pm

Ph: 524-7656

Continue: Clothing

Kaumakapili Church766 North King Street
Honolulu, HI 967817

Ph: 845-0908

Salvation Army thrift store806 Iwilei Road
Honolulu, HI 96817

Ph: 522-8460

638 Kailua Road
Kailua, HI 96734

Ph: 261-1756

Other Salvation Army sites:

1931 North King Street
Honolulu, HI 96819

Ph: 832-0211

Wahiawa

435 Kilani Avenue
Wahiawa, HI 96786

Ph: 621-7083

Waipahu

94-925 Waipahu Street
Waipahu, HI 96797

Ph: 671-0102

HOUSEHOLD ITEMS**Community Clearing House** Clients can ask their caseworker for help with getting household or clothing items. There is a fee of \$2.00/request

Continue Household items:

Kaumakapili Church for free utensils

HOUSING / SHELTERS**Institute of Human Services (Homeless Shelter)**

Business Office 546 Kaaahi

Ph: 845-7150

Single Men's Shelter 350 Sumner

Ph: 537-2724

Single Women & Family Shelter 546 Kaaahi

Ph: 845-7052

Housing and Community Development Corporation of Hawaii

1002 N. School St. Bldg A

Rent subsidy program/ Section 8

Ph: 832-5960

Hours: Monday - Friday from 7:45am - 4:30pm**City & County Housing/Section 8**

842 Bethel Street

Ph: 523-4266

Continue Housing:

Onemalu at Kalaeloa

P.O. Box 75349

Kalaeloa, HI 96707

Hours: Monday - Friday from 8:00am - 12:00pm and 1:00pm - 5:00pm

Ph: 682-3869

Homeless Solution Phone 522-0540(Family) 599-5759 (Elderly) 946-8063 (Singles)

Catholic Charities Maililand Waianae

Lighthouse Outreach Center Waipahu

94-230 Leokane Street

Ph: 696-4885

Ph: 680-0823

EMPLOYMENT SERVICES

Oahu Work Links

Hours: Monday - Friday from 7:30am – 4:30pm

Ph: 592-8620

Pacific Gateway Center

Job readiness classes/ English classes free Computer classes

Ph: 845-3918

Catholic Charities & Immigrant services

Ph: 528-5233

Susannah Wesley Community Center

Ph: 848-0376

Child & Family Services

Ph: 543-8494

Samoa Service Providers Assn.

Ph: 842-0218

Goodwill Industries

Ph: 836-0313

LEGAL SERVICES

Legal Aid: Services are now available to Micronesians

Ph: 536-4302

Volunteer Legal Service Hawaii

545 Queen Street #100

Ph: 528-7046/1-800 839-5200

Lawyers Referral Service

Ph: 537-9140

NaLoio Immigrants rights & public interest legal center

810 N. Vineyard (Palama Settlement)

Ph: 847-8828

UH Elder Law Program

Kokua Legal Services

Ph: 956-6544

Ph: 847-3371

Continue: Legal Services

LANDLORD TENENT HOTLINE:

Ph: 586-2634

Will give you your rights under the code

They will refer you to someone for help

Please leave message before 12noon 8am -12noon

Hawaii Disability Rights Center

900 Fort Street Mall #1040

Ph: 949-2922

EDUCATION

ADULT EDUCATION (Classes are Free purchase of books only)

FARRINGTON HIGH SCHOOL/ ADULT EDUCATION Ph: 832-3595

KAIMUKI HIGH SCHOOL/ ADULT EDUCATION Ph: 733-8460

MCKINLEY COMMUNITY / ADULT EDUCATION: Ph: 594-0545

MOANALUA COMMUNITY/ADULT EDUCATION; Ph: 837-8466

WAIPAHU COMMUNITY / ADULT EDUCATION: Ph: 675-0254

SAMOAN SERVICE PROVIDERS ASSN Ph: 842-0218

PRESCHOOL: HEAD START (Classes are Free) Ph: 847-2400

Honolulu Community Action Program, Inc

1109 Maunakea Street Second Floor

Honolulu, HI 96817

English as a Second Language Classes See also

Pacific Gateway 845-3918

Susannah Wesley 842-5450

Catholic Charities 528-5233

MISCELLANEOUS INFORMATION

STATE ID OFFICE

8:00-2:00pm M-F

465 S.King Street Room 102

Ph: 587-3111

The Bus Schedule Information

Ph: 848-5555

Ph: 848-4500

Homeland Security Immigration Office Ph: 1-800-375-5283

Public Defenders Office Ph: 586-2200

Mental Health Intake Ph: 521-4555

After hours emergencies, suicide and crisis line

Sewer Trouble call 768-7272 24 hours a day

IMPORTANT NUMBERS

DOCTOR: _____

DENTIST: _____

MINISTER: _____

SCHOOL: _____

Health & Human Services Resource Directory

Update July 22, 2007

**Public Health Nursing Branch
Leeward Oahu PHN Section
94-275 Mokuola Street, #101
Waipahu, Hawaii 96797
(808) 675-0073**

**Developed by:
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